

## Recipe of the Month

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New **Discovery.** Better **Care.**

## STUDENT MEDICAL SCIENCE ENCOUNTER

FOR YEAR 11 & 12 STUDENTS

The Perth Blood Institute offers a 'medical science encounter' a ½ day workshop to support high achieving students wanting to gain work experience in medical research. Our researchers and scientists focus on major blood disorders relevant to the Western Australian community. We provide opportunities for students in **Year 11 & 12** who are considering enrolling at any Western Australian university in courses including Bachelor of Science, Bachelor of Medical Science, Biomedical Science and Clinical Laboratory Research. Students can expect engagement in exciting basic science and translational molecular biology research utilising cutting edge technology directed at understanding the mechanism of blood disorders and the development of novel treatment strategies. Successful students will undertake their research work experience, a ½ day workshop during the **July & October school holidays**, at the Western Australian Centre for Thrombosis and Haemostasis at **Murdoch University** under the supervision of a Perth Blood Institute researcher.



### STUDENT COMMENTS

- "I enjoyed being able to use the lab equipment and gain practical experience"
- "Meeting specialists who are actually involved in research areas I felt was more engaging, than just reading about such topics in school texts"
- "The workshop was very well run, was engaging and I really enjoyed the experience"
- "I most enjoyed the ABO typing session as I had knowledge in that area from previous studies"



[www.pbi.org.au](http://www.pbi.org.au)

This is a great opportunity for sponsors to educate our students on the advances being made in this area of research. If you are interested in supporting a student, please contact Adriana Filippou : [adriana@pbi.org.au](mailto:adriana@pbi.org.au) or 9200 4904

## Bequests



The Perth Blood Institute is a charitable, not for profit research institute and our goal is to provide the highest standard of care to people diagnosed with blood disorders and blood cancers and the ability to involve them in 'state of the art' clinical trials and translational research.

We respectfully request consideration when contemplating your Will.

After you have looked after your loved ones, leaving a gift in your Will is a worthwhile and memorable way for you to make a lasting contribution which could make a real difference in the lives of those with blood disorders and blood cancers.

If you already have a Will, all you need to do is add a codicil – a short legal amendment to your existing Will. A simple way to leave a bequest is to include a residuary gift. This means a percentage or the remainder of your estate can be left to 'The Perth Blood Institute Limited' after you have taken care of your family and any other loved ones.

Making a Will is a very personal decision and should you decide you would like to leave a bequest or wish to discuss further with us, please contact **Adriana Filippou** via [adriana@pbi.org.au](mailto:adriana@pbi.org.au) or **9200 4904**.

## Joke of the Month

After being married for 45 years this month, I took a careful look at my wife one day and said, "Forty-five years ago we had a cheap house, a junk car, slept on a sofa-bed and watched a 10-inch black and white TV. But hey, I got to sleep every night with a hot 26-year-old girl.

Now I have a \$1,000,000 home, a \$45,000 car, a nice big bed and a large screen TV, but I'm sleeping with a 70 year-old woman. So I said to my wife "it seems to me that you're not holding up your side of things."

My wife is a very reasonable woman. She told me to go out and find a hot 26-year-old girl and she would make sure that I would once again would be living in a cheap house, driving a junk car, sleeping on a sofa bed and watching a 10-inch black and white TV.

Aren't older women great? They really know how to solve an old guy's problems!



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JUNE 2017

# BLOOD MATTERS

## Meet Our Phlebotomist (Neelam Samnikay)



Neelam is the Perth Blood Institute and Haemwest phlebotomist, that's a fancy word for blood taker, although she is employed through Western Diagnostics. Prior to joining the team, Neelam worked at the Mount Hospital in the laboratory and also as a phlebotomist. Prior to her current role she was employed at the Australian Electoral Commission, however, she really feels she was born to do what she does today!

Neelam is very passionate about her patients and likes to make them feel comfortable and at ease about blood tests, during what can be a difficult time, for some patients. She enjoys meeting new patients and enjoys catching up with the regular patients too. Neelam with her special expertise knows how to calm patients who have difficult veins.

In her spare time, Neelam loves spending time and travelling with her family.

## Benefactors – WACTH Tour 30<sup>th</sup> March 2017



WACTH research team showing clotting factors for benefactors.

Benefactors took a closer look at how the WACTH research laboratory at Murdoch University understand blood clotting factor regulation and the microRNA control of clotting factors.

The research teams wishes to understand this mechanism in more detail of how to help people who suffer from and/or are at increased risk of thrombosis.

## Medical Science Encounter – Student Workshops

The Perth Blood Institute is offering Year 12 science students a 'Medical Science Encounter' a ½ day workshop at the Western Australian Centre for Thrombosis and Haemostasis at Murdoch University on **Saturday 1<sup>st</sup> July 2017**.

Prof. Baker together with our scientists will engage students in basic science at understanding and focusing on the mechanism of blood disorders and the development of novel treatment strategies.

Students who are interested in a laboratory experience should contact:

**Adriana Filippou –**  
[adriana@pbi.org.au](mailto:adriana@pbi.org.au) or **9200 4904**



Right: Dr Jim Taio with students at Murdoch University



PBI team with year 12 science students at workshop

**\*The next ½ day workshop for Year 11 students will be during September/October school holidays.**

## Another Bloody Breakfast — Iron Deficiency & Anaemia



Left - Prof Ross Baker, Right - Dr Mandy Yap

Host by Channel 7's Adrian Barich

Iron Deficiency & Anaemia was the focus at 'Another Bloody Breakfast' held **Thursday 6th April** at University Club of WA. Hosted by Channel 7's Adrian Barich, TV & radio sports presenter, former AFL and rugby player, Barra does it all..even telling a few good Italian jokes!

Guests listened to two patients who told how Iron Deficiency Aneamia is a serious blood condition, which affects 1 in 20 men & women!

Dr. Mandy Yap, Fellowship recipient was recognised for the ISTH (International Society of Thrombosis & Haemostasis) Reach-the-World Fellowship. Dr. Yap, a haematology trainee at Ampang Hospital in Malaysia, is now training at the Perth Blood Institute.

Thanks to all who support our mission, as we continue to make a positive impact on those diagnosed with blood disorders.

## Scholarship Recipients 2017

**Munik Tan** – recipient of the Jan Roberts Biomedical Research Scholarship. Munik's important research will increase our understanding of why women develop thrombosis on the contraceptive pill and pregnancy. Munik has been asked to present preliminary data from her PhD at the International Society of Thrombosis and Haemostasis Conference in Berlin in July. Her abstract was selected for an oral presentation and are only offered for abstracts deemed to have a high impact.

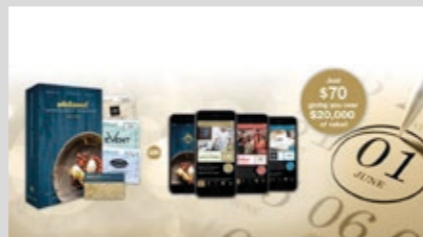


Up: Munik Tan, Down: Matthew Halliday

**Matthew Halliday** – Honours Scholarship recipient, researching the impact of new oral anticoagulants in the diagnosis and management of deep vein thrombosis. Matthew's Honours project aims to determine optimal new generation of Direct Oral Anticoagulants (or DOACs) dose for different patient groups, including obese patients (BMI >30). The results from Matt's study will help better inform the clinical management of patients prescribed DOACs, increasing the effectiveness of these new frontline treatments,

specifically for patients who are at risk of thrombotic disease. These Scholarships were established to recognise outstanding students enrolled in Medical Science who have achieved positive and outstanding academic records.

## Entertainment Book



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From every purchase, **\$14** will go towards **The Perth Blood Institute's** medical research into blood disorders, including their causes, prevention and better treatment options for patients.

Books will be sent out within seven days of receiving your order or can be collected from our Nedland's office. Also available in a digital version. The digital membership app works with Apple or Android devices. Search for businesses, show your phone to redeem and keep track of your savings.

Go to the link [www.entbook.com.au/9m28510](http://www.entbook.com.au/9m28510) to choose whether the original book or digital membership is best for you!

## Sausage Sizzle at Bunnings Melville



PBI team behind the BBQ. with public supporters.

Thank you to all sizzlers for assisting our fundraiser on **Sunday, 20th May at Bunnings Melville**. Together with the public's support, we raised over \$1,501.00. Thank you in helping us continue to increase

awareness about blood disorders within the West Australian community as we strive to provide our patients and their families with the opportunity to access new treatments.

## Fundraise For Us



**H**ELP US plant the seed and watch us grow! If you want to help raise much needed funds for The Perth Blood Institute, it's easy!

Why not organise a sausage sizzle, a walk-a-thon, garage sale or a car wash. On special occasions, rather than receive gifts, ask guests to donate direct to us.

Create a fundraising page and nominate Perth Blood Institute as your nominated charity &

ask friends, family and work mates to donate via the link.

<https://www.mycase.com.au/charity/14325/PerthBloodInstitute>

If you wish to fundraise or need ideas, please contact **Adriana Filippou** on **(08) 9200 4904** or email [adriana@pbi.org.au](mailto:adriana@pbi.org.au)

## Wine Fundraiser



PBI teamed with WACC for producing their own label of WA premium wines.

## Wine Fundraiser

**D**o you see, swirl, sniff and savour? Or maybe you look at colour, aroma, texture, taste and finish. Then consider yourself a connoisseur. The Perth Blood Institute have teamed with WA Cleanskins to produce their own label of premium West Australian Wines. Your support will contribute towards furthering research into the diagnosis, causes and treatment of blood disorders. For more details and to order, visit the following link and enter the below credentials: <https://www.wacleanskincellars.com.au/Fundraising/Home> and login with the username and password below  
Username: **Blood**  
Password: **Bank**

## Volunteer For Us



**D**o you want to meet new people, make new friends? Then volunteer for us. Volunteers play an active role in fundraising on our behalf, running their own events as well as promoting The Perth Blood Institute events within our community. Volunteers, help shake collection buckets, assist at sausage sizzles, corporate breakfast events even in the office providing general duties.

The Perth Blood Institute volunteers may be ordinary people..but doing an extraordinary thing! If you would like to volunteer your time, contact **Adriana Filippou** on **(08) 9200 4904** or email [adriana@pbi.org.au](mailto:adriana@pbi.org.au) or go to <http://www.pbi.org.au/volunteer-your-time.html>

## Calendar of Events

### APRIL

#### World Haemophilia Day

Date: **Monday 17<sup>th</sup> April**

### MAY

#### Sausage Sizzle at Bunnings Melville

Date: **Saturday 20<sup>th</sup> May**

### JULY

#### Year 12 'Medical Science Encounter' student workshop

Date: **Saturday 1<sup>st</sup> July**

### SEPTEMBER

#### Year 11 'Medical Science Encounter' student workshop

Date: **Thursday 28<sup>th</sup> September**

For more info about PBI events, please contact us P : + 61 8 9200 4904 F : + 61 8 9200 4905 E : [adriana@pbi.org.au](mailto:adriana@pbi.org.au)