

Recipe of the Month

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Another Bloody Breakfast – Thrombosis



Prof Baker with Nicole & Tony Patient Speakers.



Prof Baker with Pearson Family.

Thrombosis was the topic at 'Another Bloody Breakfast' held **Thursday 19th October at University Club of WA**. Channel 9's MC Jerrie DeMasi reiterated **World Thrombosis Day was October 13 and 1 in 4 people die** from causes related to thrombosis. Thrombosis is the formation of a blood clot in either in the artery or vein - the one disorder that causes the **world's top three cardiovascular killers**: heart attack, stroke and venous thromboembolism (VTE).

Guests also listened to patients who told their story about living with Thrombosis and how it's affected their everyday life. Two very different people with a story to tell!

The Perth Blood Institute also proudly acknowledged and announced the 'Robert Pearson Scholarship and Research Fund' to commence later this year.

Joke of the Month

A Senior Moment

An elderly lady in the US did her shopping and upon returning to her car, found four males in the act of leaving with the vehicle. She dropped her shopping bags and drew her handgun, proceeding to scream at the top of her lungs, "I have a gun, and I know how to use it! Get out of the car - NOW!"

The four men didn't wait for a second threat. They got out and ran like mad. The lady,

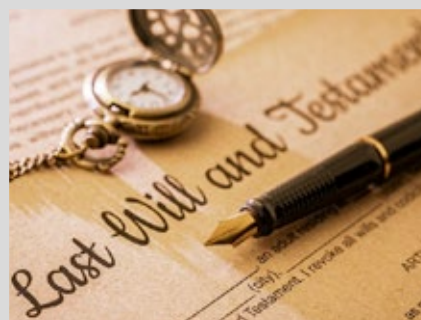
somewhat shaken, then proceeded to load her shopping bags into the back of the car and got into the driver's seat. She was so shaken that she could not get her key into the ignition. She tried and tried and then she realised why. It was for the same reason she had wondered why there was a football, a Frisbee and two 12-packs of beer in the front seat.

A few minutes later, she found her own car parked four or five spaces further down. She loaded her bags into her own car and drove to

the police station to report her mistake. The Sergeant to whom she told the story couldn't stop laughing. He pointed to the other end of the counter, where four pale men were reporting a carjacking by a mad, elderly woman described as white, less than five feet tall, glasses, curly white hair and carrying a large handgun. No charges were filed. Moral of the story?

If you're going to have a senior moment..... make it memorable!

Bequests



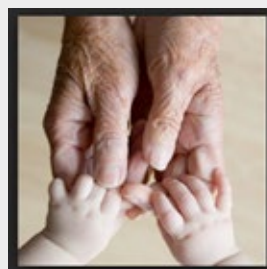
The Perth Blood Institute is a charitable, not for profit research institute and our goal is to provide the highest standard of care to people diagnosed with blood disorders and blood cancers and the ability to involve them in 'state of the art' clinical trials and translational research.

We respectfully request consideration when contemplating your Will.

After you have looked after your loved ones, leaving a gift in your Will is a worthwhile and memorable way for you to make a lasting contribution which could make a real difference in the lives of those with blood disorders and blood cancers.

If you already have a Will, all you need to do is add a codicil – a short legal amendment to your existing Will. A simple way to leave a bequest is to include a residuary gift. This means a percentage or the remainder of your estate can be left to 'The Perth Blood Institute Limited' after you have taken care of your family and any other loved ones.

Making a Will is a very personal decision and should you decide you would like to leave a bequest or wish to discuss further with us, please contact **Adriana Filippou** via adriana@pbi.org.au or **9200 4904**.



New **Discovery**. Better **Care**.

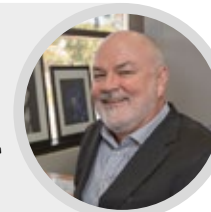
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OCTOBER 2017

BLOOD MATTERS

CHAIRMAN's REPORT – Prof. Ross Baker



New Medical Research Centre – Ampang Malaysia

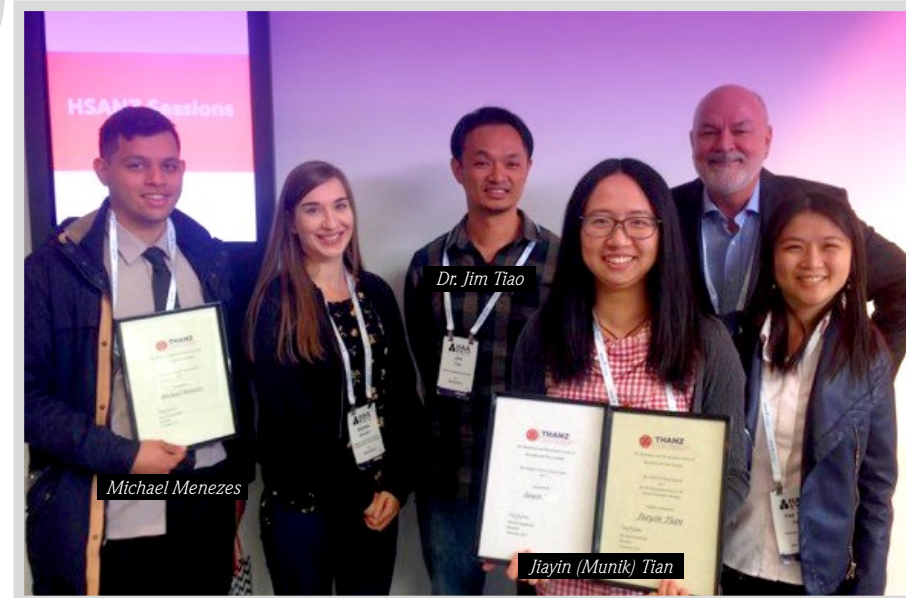
I'm proud to announce a new Medical Research Centre in Ampang Malaysia. Ampang Hospital is a national Haematology referral centre, located in Ampang, Selangor which is about 10 km away from Kuala Lumpur. There are approximately 90 beds in 4 wards catering for all haematology cases not only from Klang Valley but also nationwide. The services provided include general haematology, haemostasis and thrombosis and haematopoietic stem cell transplant.

Ampang Hospital has its own haematology laboratory which is accredited by the RCPA (Royal College of Pathologist of Australasia). The facilities are morphology, flow cytometry, haemostasis and thrombosis, Hb electrophoresis, cytogenetic and molecular. The centre consists of **6 haematology consultants with 7 trainees** and more than 100 other medical staff providing services. As a public referral hospital, it has a tremendous workload in day to day practice. In terms of research, Ampang runs approximately **12 to 15 clinical trials** which is monitored by the CRC (Clinical Research Centre) from the Ministry of Health, Malaysia.

The Perth Blood Institute has been collaborating with Ampang Hospital with projects, including the 12 month fellowship training for Dr. Yee Yee Yap (Mandy) and APMAT (Asia-Pacific Microangiopathic Thrombocytopenia Network) for TTP. Most importantly, this collaboration has been recognised and accepted by the ISTH (International Society of Thrombosis and Haemostasis) with the Regional Training Centre for a **6 year programme**.

As there is shortage of haemostasis and thrombosis experts in Malaysia, the RTC lead by Prof Ross Baker and Dr. Jameela Sathar provides training for Malaysian doctors to learn advanced management in thrombosis and haemostasis as well as for Australians to learn real life haematology in Malaysia.

Haa Conference – Melbourne October 29 – November 1



Prof. Baker with award winners from PBI research team.

The 2017 HAA Annual Scientific Meeting – 29th October to 1st November 2017

(Haematology Society of Australia and New Zealand, Australian & New Zealand Society of Blood Transfusion and the Australasian Society of Thrombosis and Haemostasis).

HAA is a joint scientific meeting of clinical haematologists scientists, specialist laboratory scientists and researchers working in the fields of thrombosis and haemostasis.

Prof. Baker with the Perth Blood Institute research scientists and clinical trials team, were well represented at the HAA 2017 Conference at the Sydney Convention & Exhibition Centre, 29th October – 1st November 2017.

Our award winners included:

Jiayin (Munik) Tian our PhD student from WACTH (WA Centre for Thrombosis and Haemostasis) ranked in the **Top 6 (of more than 400)** for her abstract and presented her talk on the 'Identification of two oestrogen-sensitive microRNAs as direct regulators of tissue factor and factor VIII transcripts' during the Presidential Symposium session.

Munik was also runner-up in the THANZ Medal (The Thrombosis and Haemostasis

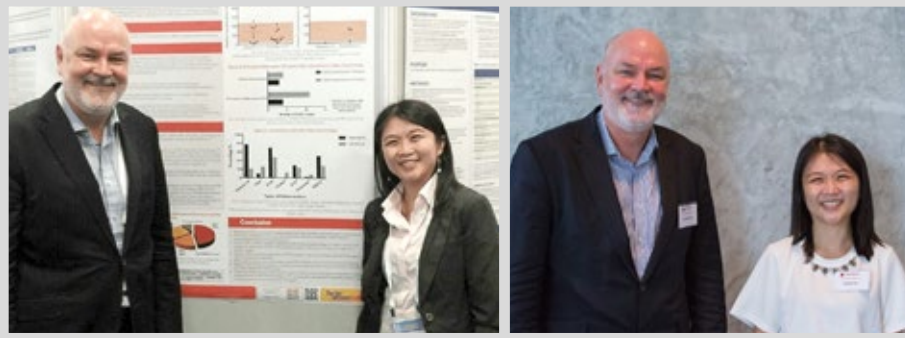
society of Australia and New Zealand) for the best abstract and presentation by a young scientist or clinician and awarded the Werfen Travel Grant for best abstract to attend the conference.

Michael Menezes our Honours student also from WACTH was awarded 'Best Poster' for his research entitled 'Altering the splicing of the F8 mRNA transcript as a future treatment for haemophilia.'

Again Dr. Jim Tiao was awarded a THANZ travel grant to present his research outcomes at the 2017 HAA Annual Scientific Meeting.

Congratulations!

ISTH Congress – Berlin Germany July 8-13



Left - Prof Ross Baker, Right - Dr Mandy Yap

Prof. Ross Baker and Dr. Yee Yee (Mandy) Yap presented at the 2017 ISTH (International Society on Thrombosis and Haemostasis) Congress in Berlin Germany in July. Prof. Ross Baker together with the world's leading experts, presented the most recent advances and discussed the newest clinical applications designed to

improve patient care on thrombosis, haemostasis and vascular biology. Dr. Yap is the recipient of the ISTH 'Reach-the-World Fellowship' and a haematology trainee at Ampang Hospital in Malaysia, currently training at the Perth Blood Institute under the direction of Prof. Baker.

Robert Pearson Scholarship & Research Fund 2017



Pearson Family with Prof Baker.

We are proud to acknowledge a special family, on behalf of The Perth Blood Institute, our sincerest appreciation and the generosity of the Pearson Family, with the 'Robert Pearson Scholarship and Research Fund' to commence later this year.

The Pearson Family have generously supported our mission to make a positive difference to the lives of people living with blood disorders. This fund was established to encourage high achieving students to apply and further research in this important field of medicine.

Thrombosis Australia – Coming Soon!

Thrombosis Australia is a new initiative of the Perth Blood Institute which aims to provide an information platform for professionals, as well as patients and their families to engage and have access to essential resources.

Our aim is to demonstrate the impact that thrombosis has on a wide range of different people of all ages and circumstances.

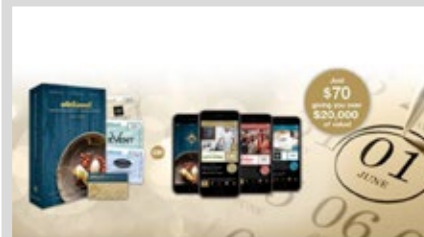
The Thrombosis Australia website is the first online resource dedicated to thrombosis and blood disorders of its kind in Australia. The website provides an opportunity to create a

network for people to engage and connect as part of a Community. It incorporates basic information on the circumstances of thrombosis and stories from patients that have gone through the thrombosis experience.

Thrombosis Australia will go 'live' late December. So watch this space!



Entertainment Book



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Remember, from every purchase **\$14** will go to **The Perth Blood Institute's** medical research into blood disorders, including their causes, prevention and better treatment options for patients.

The digital membership app is also available and works with Apple or Android devices. Search for businesses, show your phone to redeem and keep track of your savings.

Go to the link www.entbook.com.au/9m28510 to choose whether the original book or digital membership is best for you!

Medical Science Encounter – Student Workshops



Year 11 Student Workshop - 1/07/2017



Year 12 Student Workshop - 23/9/2017

Again, the Perth Blood Institute conducted their successful 'medical science encounters' - ½ day workshops for Year 12 students on **Saturday 1st July 2017** and Year 11 students on **Saturday, 23rd September**. These workshops are held for high achieving students wanting to gain work experience in medical research.

The workshops were held at (WACTH) West Australian Centre for Thrombosis and Haemostasis at Murdoch University. Students had the opportunity to use lab equipment and

gain practical experience, asking questions as each of our scientists presented their projects. A few of the topics covered included 'Gene Cloning: DNA cut and paste'; 'ABO Blood Group Typing' and 'Molecular discovery'.

The next MSE student workshops will be held during the July and September school holidays in 2018. Interested students should contact **Adriana Filippou** on **(08) 9200 4904** or email adriana@pbi.org.au

Support Our Community – Dial A Santa



Dial-A-Santa is a community project of Rotary Clubs in Western Australia.

Managed by the Rotary Club of Mill Point South Perth and assisted by other Rotary Clubs and Rotoract Clubs, The Dial-A-Santa program provides Santa and elves to come to your home, school or workplace for a donation – 100% of which goes to charity.

For bookings call **9368 7567** or santa@dialaSanta.com

Fundraise For Us



Thanks go to our small community fundraisers. Students at Perth College all girls School in Mt Lawley, conducted a fundraiser from their 'arts day' and raised \$500.00

Another great supporter, Jad and the team at Department of Mines, Industry Regulation and Safety raised \$160.00 from their 'casual dress Friday'.

You too can fundraise at your local club or work, even a morning tea with friends. We can help you with some suggestions to get you going and tips to help make your activity a success.

For more information on how to become a Community Fundraiser, contact **Adriana Filippou** on **(08) 9200 4904** or email adriana@pbi.org.au

Wellness Session



Patients were treated to a Wellness Session on Thursday, 10th August with Wellness Facilitator Victor Sultas from Sydney.

Patients listened and learned, as Victor gave an insight to a balanced approach to general health and wellness. The next Wellness Session is scheduled for early 2018.

Calendar of Events

OCTOBER

World Thrombosis Day

Date: **Friday 13th October**

NOVEMBER

New Clinical Trials

DECEMBER

New website 'Thrombosis Australia' launch

JANUARY

Sausage Sizzle at Bunnings

Date: **Sunday 28th January**

For more info about PBI events, please contact us P : + 61 8 9200 4904 F : + 61 8 9200 4905 E : adriana@pbi.org.au