

Recipe of the Month

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THE DAILY TOON

BY MARK LYNCH

Joke of the Month

5 Surgeons

Five surgeons are discussing who makes the Best patients to operate on.

The first surgeon, says, "I like to see accountants on my operating table because when you open them up, everything inside is numbered."

The second, responds, "Yeah, but you should try electricians! Everything inside them is colour coded."

The third surgeon, says, "No, I really think librarians are the best! Everything inside them is in alphabetical order."

The fourth surgeon chimes in: "You know, I like construction workers. Those guys always understand when you have a few parts left over."

But the fifth surgeon, shut them all up when he said: 'You're all wrong! Politicians are the easiest to operate on. There's no guts, no heart, no balls, no brains, and no spine. Plus, the head and the a\*\* are interchangeable!

Bequests

The Perth Blood Institute is a charitable, not for profit research institute and our goal is to provide the highest standard of care to people diagnosed with blood disorders and blood cancers and the ability to involve them in ‘state of the art’ clinical trials and translational research.

We respectfully request consideration when contemplating your Will.

After you have looked after your loved ones, leaving a gift in your Will is a worthwhile and memorable way for you to make a lasting contribution which could make a real difference in the lives of those with blood disorders and blood cancers.

If you already have a Will, all you need to do is add a codicil – a short legal amendment to your existing Will. A simple way to leave a bequest is to include a residuary gift. This means a percentage or the remainder of your estate can be left to ‘The Perth Blood Institute Limited’ after you have taken care of your family and any other loved ones.

Making a Will is a very personal decision and should you decide you would like to leave a bequest or wish to discuss further with us, please contact **Adriana Filippou** via [adriana@pbi.org.au](mailto:adriana@pbi.org.au) or **9200 4904**.

Perth Blood

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MAY 2018

BLOOD MATTERS

Meet Our Researchers

— Dr Jim Tiao

Dr Jim Tiao has been a Murdoch University academic staff since 2015. With a research-intensive focus, he has conducted thrombosis research at the WA Centre for Thrombosis and Haemostasis (WACTH).

Dr Tiao is currently the laboratory lead at WACTH and has a strong track record on fundamental research into thrombosis and haematology as well as other research areas. Projects that are under his management, include local (with other Murdoch University researchers), as well as domestic and international collaborators. Moreover, he also supervises HDR and Honours students enrolled at Murdoch University.

Dr. Tiao is a strong advocate of promoting scientific research to high schools, as well as evidence-based medicine to the Community in general.



Dr Jim Tiao in laboratory at the Murdoch University.

Another Bloody Breakfast – Thursday 3<sup>rd</sup> May

(Left to Right) Adrian Barich, Prof Ross Baker, John and Reece Whitby MLA.



Prof Baker gives a presentation to the attendees.

John chats with Reece Whitby MLA.

**Why do People Bleed** was the focus at ‘Another Bloody Breakfast’ held Thursday 3<sup>rd</sup> May at University Club of WA. Hosted by the ever professional Adrian Barich, Barra even learnt something, that when you cut yourself, substances in the blood called clotting factors, combine with blood cells called platelets, to make the blood sticky. This stops the bleeding, but for people who have a bleeding disorder, the clotting process doesn’t work properly and they bleed longer than normal.

Special guest Reece Whitby MLA spoke about a personal story of his own, and took the time to speak with guests, about the work he’s involved with in the Community.

Guests were inspired by John, living with Haemophilia A, who was told he would not reach the age of 15! John is fighting fit, thanks to the most up to date treatments he has received through Perth Blood Institute’s Clinical Trials.

## Reece Whitby MLA



Reece Whitby MLA with PBI Research Team.

Reece Whitby MLA - Labor member of the Western Australian Legislative Assembly, since the 2017 state election, representing Baldvis took the time recently to tour the Murdoch labs, to meet the PBI research team. Reece also spoke with one of our top students Alyssa Rocchi, who in 2017 completed her Bachelor of Science with honours in Biomedical Science!

Reece is passionate about the importance of a good education and a strong believer that all children should have the opportunity to succeed in life. A married father-of-four, Reece understands the needs and challenges of young families today.



## Entertainment Book



Digital Membership App available on both Apple and Android devices.



The 2018/19 Entertainment Book, is still - **only \$70**. Order yours now to get discounts up to 50% off and 2-for-1 offers on the best restaurants, hotels, travel (incl. Bali), kid's attractions, shopping and more!

Remember, from every purchase **\$14** will go to **The Perth Blood Institute's** medical research into blood disorders, including their causes, prevention and better treatment options for patients.

The digital membership app is also available and works with Apple or Android devices. Search for businesses, show your phone to redeem and keep track of your savings.

Go to the link [www.entbook.com.au/9m28510](http://www.entbook.com.au/9m28510) to choose whether the original book or digital membership is best for you!

## Medical Science Encounter – Student Workshops



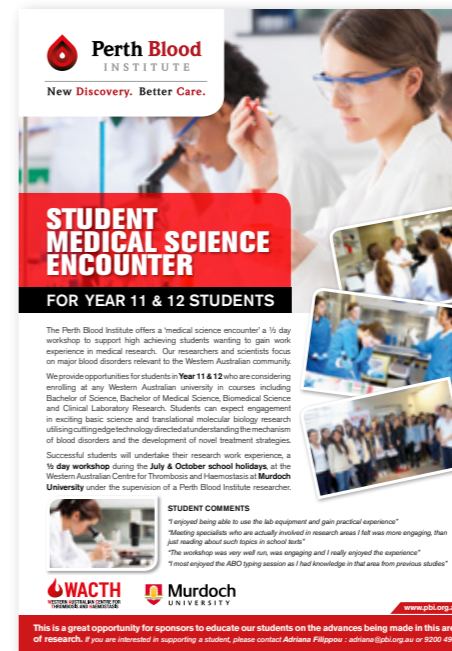
Year 11 & 12 Student Workshops held by WACTH at Murdoch University.

Again, the Perth Blood Institute will be conducting their successful 'medical science encounters' - ½ day workshops for Year 11 & 12 students during the July and September school holidays. These workshops are held for high achieving students wanting to gain work experience in medical research.

The workshops are held at (WACTH) West Australian Centre for Thrombosis and Haemostasis at Murdoch University. Students have the opportunity to use lab equipment and gain practical experience, asking questions as each of our scientists present their projects. A few of the topics include 'Gene Cloning: DNA cut and paste; 'ABO Blood Group Typing' and 'Molecular discovery'.

The next MSE student workshops will be held during the July and September school holidays.

Interested students should contact [adriana@pbi.org.au](mailto:adriana@pbi.org.au) or (08) 9200 4904.



## Sausage Sizzle



Another great day at Bunnings Melville. The sausages sizzled and our thanks to all who assisted and supported our fundraiser earlier in the year on Saturday, 27th January.

Although it was a long weekend, with the help of the Community we raised much needed funds to continue to make a positive impact on those diagnosed with blood disorders.

If you would like to volunteer for future events, contact [adriana@pbi.org.au](mailto:adriana@pbi.org.au) or 9200 4904.

## Fundraise For Us



Thanks go to our small community fundraisers but we need more. You too can fundraise at your local club or school or by having a morning tea with friends. Why not fundraise at your workplace with 'casual dress Friday'?

We can help you with some suggestions to get you going and tips to help make your activity a success.

For more information on how to become a Community Fundraiser, contact **Adriana Filippou** on (08) 9200 4904 or email [adriana@pbi.org.au](mailto:adriana@pbi.org.au)

## Wellness Session



The next Wellness Session with Wellness Facilitator Victor Sults (from Sydney) will be in Perth again later in the year.

Victor will give an insight to a balanced approach to general health and wellness. He will be giving us the skills to add calm to our busy lives. Join us for a **FREE** health and wellness session that will help you work better, rest easier and step away from stress

Limited seats, so don't miss out!

## New PBI Medical Research Centre – Ampang Malaysia



(Left to Right) Prof. Ross Baker with Dr Yee Yee Yap at Ampang Hospital.

The Perth Blood Institute has been collaborating with Ampang Hospital with projects, which included a 12 month fellowship training for Dr. Yee Yee Yap (Mandy) and APMAT (Asia-Pacific). This collaboration has been recognised and accepted by the ISTH (International Society of Thrombosis and Haemostasis) with a Regional Training Centre six year programme.

Dr Yap has since returned to Malaysia and brings the expertise and training she learned under Prof. Baker. She passes on her knowledge to upcoming trainee haematologists.

## Thrombosis Australia – 'LIVE' late 2018!

**Thrombosis Australia** is a new initiative of the Perth Blood Institute which aims to provide an information platform for health professionals, as well as patients and their families to engage and have access to essential resources.

Our aim is to launch late 2018 and raise awareness the impact thrombosis has on a wide range of different people of all ages and circumstances. The Thrombosis Australia website is also the **first** online resource of its kind in **Australia**, dedicated to thrombosis.

The website will provide an opportunity to create a network for people to engage and connect as part of a Community.

It incorporates basic information on the circumstances of thrombosis and stories from health professionals and patients that have experienced a thrombosis event.

**Thrombosis Australia** will go 'live' later in the year.



## Calendar of Events

### MARCH

**Bleeding Disorders Awareness Month**  
Date: **March**

### APRIL

**World Haemophilia Day**  
Date: **Tuesday 17<sup>th</sup> April**

### MAY

**Another Bloody Breakfast (Why do People Bleed)**  
Date: **Thursday 3<sup>rd</sup> May**

### JUNE

**THANZ Educational Meeting**  
Date: **Thursday 7<sup>th</sup> June**

### JULY

**MSE Student Workshop at Murdoch**  
Date: **Saturday 7<sup>th</sup> July**

**Prof. Baker at Haematology Summit - Dublin**  
Date: **Thursday 13<sup>th</sup> - Monday 30<sup>th</sup> July**

For more info about PBI events, please contact us P : + 61 8 9200 4904 F : + 61 8 9200 4905 E : [adriana@pbi.org.au](mailto:adriana@pbi.org.au)